

Pool	Name	Parking & Directions		Description
1&2	Cow Run & Geufron	A	Penybont Bridge	Just above tidal waters. Fished from north side
3	Black Bridge	B	Lay-by Sports Field Changing rooms	Good Fly fishing for sea trout
4	Skellies	B	As 4 above	Good Fly fishing for sea trout
5	Silver Footbridge	C	Car park south of Glanyrafon bridge	Good run
6&7	Glanyrafon	C	Car park south of Glanyrafon bridge	V popular pool and good run below
8-10	Rubbish pool /Felinperson	C	Car park south of Glanyrafon bridge	Good sea trout run down to Glanyrafon
11	New Pool	C	200yds above New Pool	Good salmon and sea trout pool
12&13	Roadside & Gorse Pool	D	Second layby on LHS after leaving Llanbadarn on A44 going towards Capel Bangor	Cross field to style opposite the gate and follow path through thicket. Walk upstream to style leading to Gorse pool. Coloured water best.
14	The Croys	D	Cross river above run leading to Gorse pool (see 12 above)	Open pool. Good salmon piece in autumn.
15	Bore Hole		Upstream of Croys	
16	Dolcniw	E	Capel Bangor bridge. Walk down on North side and cross river above pool	Confluence with Melindwr stream. Good Runs
17	Tree Root	E	Capel Bangor bridge. Walk downstream on north side of river	
18	Railway Line	E	As 17	
19	Rhododendron	E	As 17	Best fished in heavier water.
20	Capel Bangor pool/ Ma Robinson	E	Capel Bangor bridge. Walk upstream on south side.	Good salmon and sea trout pool but confined for fly fishing.
21	Whirlpool	E	Cross river above "Ma Robinson"(see 20 above) and walk upstream	Tail especially good for sea trout.
22	Alisters Pool	E	250yds Upstream from Whirlpool	Good salmon and sea trout pool
23	Maes Bangor	E	Just upstream from Alisters	
24	Cliff pool	E	Cross river above "Whirlpool"(see 21 above)	Best fished in high water. Neck of pool can be good.
25	Bath pool/Willow Hole	E	Cross river above "Cliff pool"(see 21)	Hardly fished due to long walk but good sea trout holes in run between "Bath" and "Cliff".
26	Tanrallt	E	<u>Either</u> walk upstream on south side from "Whirlpool" <u>or</u> Cross river below "Gordon's"(see 28) and walk downstream.	Good salmon and sea trout pool
27	Gordon's Pool	F	"Deep" lay by RHS on Aberffrwd road, 0.9 miles from junction with A44. Walk through hole in the hedge and follow path. Follow river 2 fields	Good salmon and sea trout pool.
28&29	Robert's Hole	F	Cross river virtually opposite "hole in the hedge" mentioned in 28 above. <u>Care when crossing river.</u>	Doesn't appear to be a pool but often holds salmon and sea trout.
30	Irmhytage	G	2 nd lay by RHS on Aberffrwd road off A44 and walk back to steps leading to tail of pool.	Good for fly, worm and spinning – salmon and sea trout.
31	Boulder Wall	G	Cross river tail of Irmhytage and walk upstream. <u>Care when crossing river</u>	Fishing from south side only.
32	Weir Pool	G	As 31	Fishing from south side only.
33-35	Slate Bank, Longpool & Looks Good	G	As 31	Fishing from south side only.
36	Troedrhiwlas	H	Roadside parking LHS – Aberffrwd road, 0.2miles from "G" lay-by. Walk down lane opposite lay-by to river then downstream to pool.	Good salmon and sea-trout pool.
37	Gorge pool	H	Walk down lane mentioned in 36 above and then upstream.	Best for spinning and worming.
37	Gorges	I	Roadside parking just over brow of hill from "H". Climb over style and follow hedge to bottom of field. Walk downstream .	Best for spinning and worming.
38&39	Upper and Lower Mill	I	As No 37above but go upstream from bottom of field	Good salmon and sea trout pools.
40&41	Dolgamlyn	J	Lay-by RHS (with postbox) then cross footbridge.	Fished from south side.
42	Ty Cam 'The Stakes'	J	See "40" but walk upstream instead of crossing footbridge.	Interesting night fishing for sea trout
43	Ash Pool	K	Roadside parking adjacent to two galvanised gates RHS – 0.3 mile from "J" lay-by	Walk through downstream gate and follow hedge to river. All methods. Good salmon and sea trout pool.
	Stone Pool	L	Aberffrwd bridge lay-by and walk downstream on south side.	
44	Trotters	L	Aberffrwd bridge.	Fished either side. Spinning and worming. Good in flood.
45	Quarry pool	M	Park power station car park and walk upstream	Pool is about 1000 yards above fish ladder at top of reservoir. Fished from south side.
46	Chapel Pool	M	As 45 above	Good run.